



Reimagining Mental Health Support For Modern Workforces

*Confidential. Accessible. Data-driven.
Powered by purpose.*



PROUDLY SUPPORTING



DECJUBA



WHO WE ARE

RETHINKING WORKPLACE WELLBEING

Founded in 2019, our leadership team brings over 60 years of combined expertise across psychology, psychotherapy, and health-tech.

At Connect Psych Services, we don't believe that wellbeing is an add-on. It's how better work gets built. Too often, wellbeing is treated as a box to tick, not a business imperative. Traditional EAPs operate in isolation, disconnected from internal systems, strategy, and leadership priority.

The result?

- Employees under pressure, with nowhere safe to turn.
- Managers ill-equipped to lead psychologically safe teams.
- Burnout rewarded, not prevented.
- Data with no insights, actions, or accountability.

It's time to stop ticking boxes, and start using your EAP as a driver of performance, culture, and compliance. We understand that mental health plays a critical role in work performance, and we offer comprehensive solutions to help employers and their teams thrive.



THE STATE OF EMPLOYEE MENTAL HEALTH

THE TRUTH BEHIND WORKFORCE WELLBEING

\$11B

The cost of poor
mental health to
Australian businesses
annually.#

30%

% increase in the
number of days off due
to mental health from
2019 to last year^.

40-50%

% of workers with a
mental health condition,
who say their workplace
has either directly
caused or made it
worse.*

^ Allianz

*Superfriend ITW. 2024

#Mental Health in the Workplace (PwC / Beyond Blue)

HOW WE DO IT

FROM LAST RESORT TO STRATEGIC ADVANTAGE

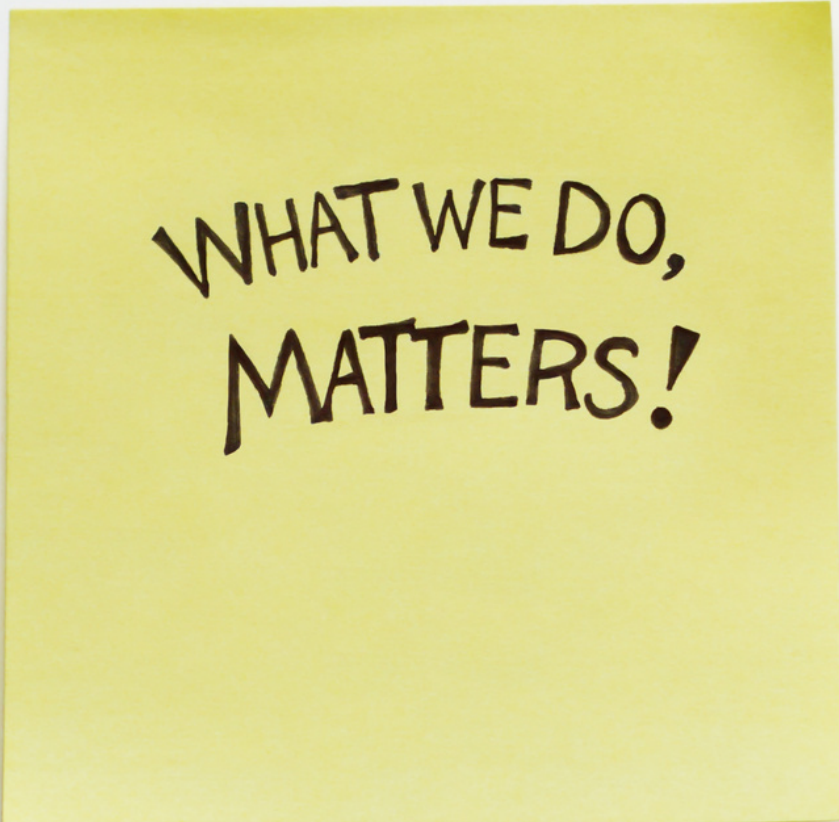
- **Rapid access** to qualified, best-matched mental health professionals within 24–48 hours delivered via chat, phone or video.
- **Actionable organisational insights** - to drive informed decision-making.
- **Clinically-led leadership coaching & debriefs** - for real impact.
- **Tailored wellbeing programs** - aligned to your unique organisational strategy.
- **Confident guidance** on managing psychosocial hazards



WHAT WE OFFER

END-TO-END SUPPORT FOR TEAMS AND LEADERS

- ✓ **RISE - Employee & Manager Support Portal**
Our purpose-built technology platform ensures 100% secure access to bookings, insights, and resources 24/7.
- ✓ **EAP Counselling**
We offer evidence-based, trauma-informed therapy to boost Employee performance, productivity and mental wellness in the workplace.
- ✓ **Manager Assist**
Leader coaching and support for conflict, change and people performance.
- ✓ **RISE Insights - Real-Time Reporting**
Managers and Leaders have 24/7 access to real-time de-identified data, providing insights into the state of their teams' mental health and wellbeing.
- ✓ **RISE Digital Wellbeing Library**
Our mental health literacy and resources for self-care and education between counselling appointments.
- ✓ **Account Management & Monthly Resources**
We aren't a set-and-forget EAP. Companies have an Account Manager available as a direct point of call, and we regularly produce resources for both leaders and employees.



WHAT WE DO,
MATTERS!

WHAT WE OFFER

END-TO-END SUPPORT FOR TEAMS AND LEADERS

- ✓ **Quarterly and Annual Reporting**
Subject Matter Expertise led interpretation reporting - Expert authored reporting ensuring your business aligns to industry best practice approaches to Employee wellbeing support
- ✓ **Critical Response**
Through our partnership with Australia's Trauma Centre of Australia, we offer a 24/7 critical response service should an employee witness or experience a significantly traumatic event.
- ✓ **Connect Educate**
Workshops, webinars, keynotes and leader toolkits tailored to your workforces evolving mental fitness needs.
- ✓ **Connect My Mind**
A seamless, continued-care solution beyond employment - same practitioner, same platform, same support.
- ✓ **Professionalism & Experience**
Our Practitioners have a minimum of 3 years' experience in their chosen field, with a range of 20+ languages spoken. Employees can answer a series of questions to assist in matching with a Practitioner that best meets their needs.



RISE

BUILDING WORKFORCE CAPABILITY

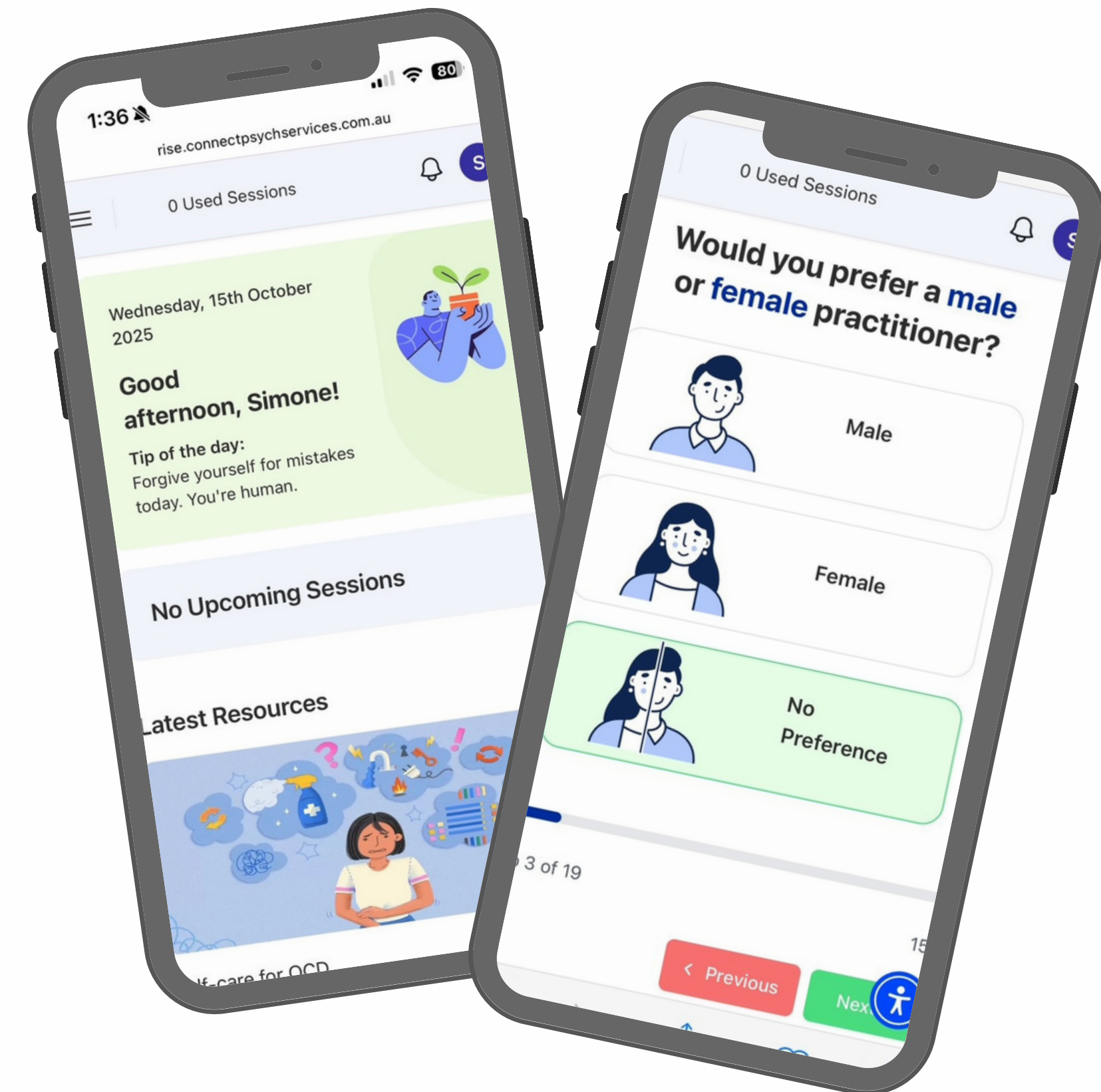
A Perfect Blend of Human and Digital Support

RISE is Connect Psych Services' online portal for Employers and Employees. 100% secure and managed in-house, ensures that our technology is up to date and can evolve as required to offer the best data, resources, and analytics to support the needs of our EAP clients.

Employees can access RISE 24/7 to make a booking and see any upcoming appointments.

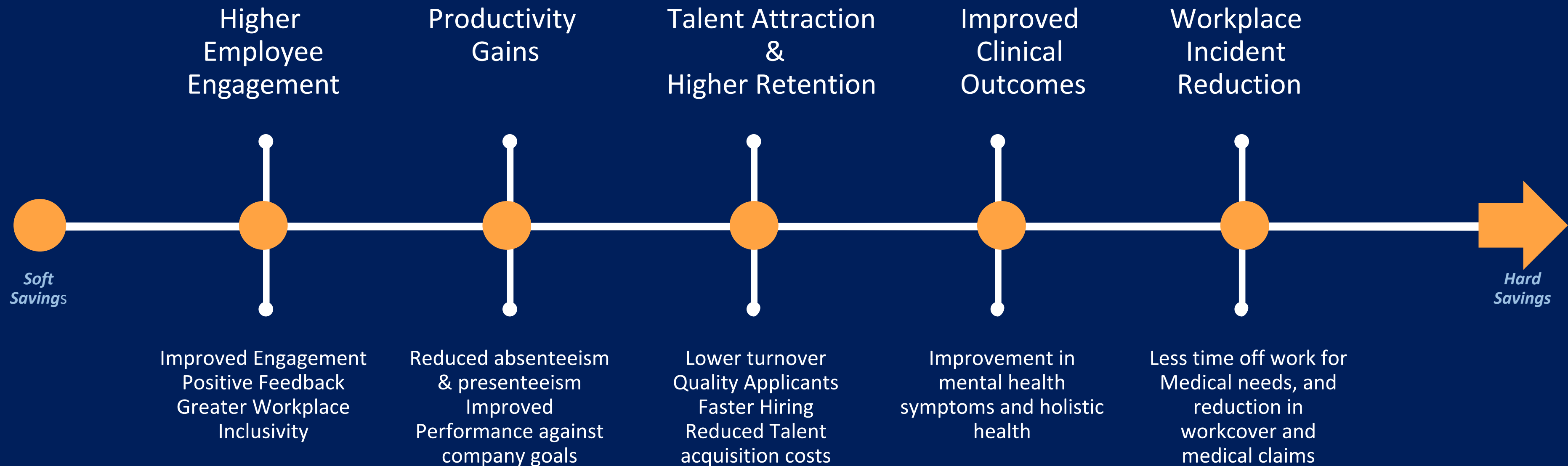
RISE Insights provides real-time, expert-interpreted data to identify trends and offer preventative solutions, ensuring you provide your employees with the best mental health support, strategies, and recommendations.

RISE also houses our mental health education platform. It allows our team to share insights into therapy approaches and enables us to create up-to-date mental health content curated by the Connect team and/or reputable external authors. Our online ecosystem ensures resources and literature are current and accessible anytime, anywhere.



THE VALUE IN PRIORITISING EMPLOYEE MENTAL HEALTH

REAL RETURN ON INVESTMENT



INVESTMENT & ENGAGEMENT

TOWARDS EMPLOYEE WELLBEING

- One-size-fits-all pricing model doesn't work.
- Flexible payment terms to make accessing EAP easier and more manageable.
- Pre-pay or pay by the month option aligns with your budget cycle
- Tailored options are designed to support you, without added complexities.

Included Features	Pay As You Go	Contract Hours
Monthly RISE Platform Fee	✓	
24/7 Triage & Booking Platform	✓	✓
6am - 11pm - 7 days Appointments	✓	✓
Manager Assist Support	✓	✓
Welcome and Intro to Service Session	✓	✓
Onboarding & Marketing Materials	✓	✓
Monthly Manager & Employee Newsletter	✓	✓
RISE Resource - Digital Wellbeing Library	✓	✓
On-demand Reporting - RISE Insights	✓	✓
Industry Comparison Report (Downloadable)		✓
Quarterly Reporting (Downloadable)		✓
Additional Services*		
Quarterly Interpretation Reporting	\$750 per Quarter	\$500 per Quarter
Annual Interpretation Reporting	\$2000 per Year	\$1500 per Year
Critical Incident & Crisis Management	Trauma Centre Australia Fee For Service Rates	
Workplace Wellbeing Partner Services	Partner Fee For Service Rates	

*ADDITIONAL SERVICES - Costs apply

WORKPLACE WELLBEING PARTNERS

EFFECTIVE WORKPLACE WELLBEING GOES BEYOND COUNSELLING.



Citation Group

Citation Group take care of everything from workplace law and HR to workplace safety and ISO and NDIS certification so you can focus on today...and start building tomorrow.



Pinnacle

Workplace Health programs ranging from Health Assessments, Skin Cancer Checks, Occupational Health and Safety, Injury Prevention and Mental Health Programs.



Kate Langford Career & Business Consulting

An award-winning Australian career and business consulting firm, supporting career changers and business owners Australia-wide through online and remote consultations to build clarity, confidence and balance at work



Beny

Valuing employees goes beyond benefits, it's about showing appreciation every day. Beny is more than just a benefits platform; it's an Employee Value Program designed for organisations that genuinely care about their people



The Separation Guide

The Separation Guide supports employees through separation and divorce by reducing the cost, conflict, and confusion of the process.



Own Money

Own Money believes in the power of financial empowerment. Our mission is to guide and support you on your journey to prosperity, ensuring that you have the right experts by your side at every step of the way.



Midnight Health

Our mission is to enhance patient outcomes through technology by consolidating the fragmented health industry. Delivering access to GP services via telehealth, Employees are able to access a GP when they need it.



MST Lawyers

MST Lawyers is a leading mid-tier law firm based in Melbourne, offering specialist legal services to businesses, families, and individuals. MST Lawyers is here to offer trusted advice and dedicated support every step of the way.



R.E.A.L Health & Nutrition

R.E.A.L Health and Nutrition has a passion for providing evidence-based nutrition strategies focusing on manage chronic diseases, enhance their sports performance, and those aiming to improve their healthspan and longevity

A TRUSTED NETWORK OF SPECIALIST PARTNERS, SUPPORTING YOUR ORGANISATION WITH WHOLE-PERSON, WRAP-AROUND CARE.

WHO WE WORK WITH

PROUDLY SUPPORTED BY CONNECT PSYCH SRVICES

JAC
KAL
OPE



by charlotte



TESTIMONIALS

WHAT WE HEAR



...given that the service is by nature confidential, it is testimony to the quality of the team and the model that I have received several messages and calls to say how well you are caring for our people.

Ruth Oakden
Toll Group



The fact that our staff can choose their practitioner is outstanding. The level of comfort that our managers and staff have, in their dealings with Connect Psych, is extremely high...

Barry Hamilton
Hunter Northern Group



"They really helped me see a way through my problems..."

Employee



We have seen a positive increased trend in utilisation (increase of 160%), and strong return rates (an average of 2.32 sessions per client)

Elke Gjergja
Medhealth Group



"I was able to get onto them so quickly, I didn't have to wait..."

Employee

LETS CONNECT

PARTNERING IN WORKPLACE WELLBEING



Connect Psych Services is ready to help transform mental health support into a proactive, embedded advantage for your people and your culture.

PHONE

1300 146 386 or 0468 193 319

EMAIL

sasha@connectpsychservices.com.au

WEBSITE

www.connectpsychservices.com.au

CONNECT ON LINKEDIN



[BOOK A DEMO](#)

[DOWNLOAD OUR 5-YEAR
TREND ANALYSIS REPORT](#)